



# FOOD FOR THE SOUL

Family Unity Dinners

*Another Children's Ministry of Grace Episcopal Church*

Now it is three years after Katrina and the failed levees that flooded Greater New Orleans. Our families, with children from birth to 21 yrs. Old, have endured hardship and signs of strain have surfaced in many family members. So, Grace Episcopal Church has a program designed to lighten your load and brighten your day.

Grace Episcopal Church is offering two free FOOD FOR THE SOUL Family Unity Dinners held on both Saturday, September 13, 2008 and September 20, 2008 from 3:00pm until 7:00pm to offer information about your current state of mental and physical health. We will feed your body and your soul. Each dinner will feature cooking classes from White House Chef Ronnie Seaton and other famous chefs.

The Master Chefs offer dynamic personalities and will teach families to cook with the wholesome food of our culture. The cooking lessons will feature "Fusion Cooking" which is the blending of foods and spices from the many cultural groups that inhabit New Orleans.

Please join us for FOOD FOR THE SOUL Family Unity Dinners. Call 504-482-5242 to register. We accept your Generous donation to this cultural ministry and invite you And your family to both events. RSVP by August 30, 2008.

Grace Episcopal Church  
3700 Canal St., New Orleans, LA 70119, 504-482-5242  
Tax ID# 72-0423645

What is donated: \_\_\_\_\_

Amount: \$ \_\_\_\_\_

Corporate Donation:

FOOD FOR THE SOUL

Family Unity Dinners

Grace Episcopal Church

3700 Canal Street

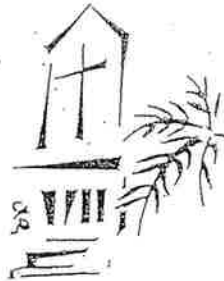
New Orleans, LA 70119

504-482-5242 phone

504-488-4802 fax

Income tax deduction for  
mental health seminar and  
cooking classes after Katrina.

Amount: \$ \_\_\_\_\_



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What is donated: \_\_\_\_\_

Amount: \$ \_\_\_\_\_



# ALIMENTO PARA EL ALMA

## Cenas de Unidad Familiar

*Otro ministerio de niños de la Iglesia Episcopal de la Gracia*

Ahora son 3 años después de Katrina y los diques rotos que inundaron la región de New Orleans. Nuestras familias, con niños infantiles a 21 años, han soportado dificultades y señales de tensión han salido a relucir en muchos miembros de la familia. Por lo tanto, la Iglesia Episcopal de la Gracia tiene un programa diseñado para hacer su carga más ligera e iluminar su día.

La Iglesia Episcopal de la Gracia está ofreciendo gratuitamente 2 Cenas de Unidad Familiar de ALIMENTO PARA EL ALMA. Las cenas serán ofrecidas los Sábados 13 de Septiembre de 2008 y 20 de Septiembre de 2008 de 3:00 pm hasta 7:00 pm para ofrecer información sobre su actual estado de salud mental y física. Alimentaremos su cuerpo y su alma. En cada cena ofrecerá clases de cocina por el Jefe de Cocina de la Casa Blanca el Chef Ronnie Seaton.

El Chef Seaton, personalidad dinámica y renombrado chef, enseñará a familias a cocinar con comida sana de nuestra cultura. Las lecciones de cocina presentarán "Cocina de Fusión" que es la mezcla de comidas y especias de los muchos grupos culturales que habitan Nueva Orleans.

Por favor acompañanos a las Cenas de Unidad Familiar de ALIMENTO PARA EL ALMA. Llame al 504-482-5242 para registrarse y entregue el formulario debajo de a Iglesia Episcopal de la Gracia - 3700 Canal St., New Orleans, LA 70119 - a mas tardar el 30 de agosto de 2008 para ser incluido en las 2 cenas.

Nombre de la Familia \_\_\_\_\_

Liste los miembros de la familia \_\_\_\_\_

Edades \_\_\_\_\_

Dirección \_\_\_\_\_ Ciudad/Estado \_\_\_\_\_ Código Postal \_\_\_\_\_

# de Teléfono \_\_\_\_\_ # de Celular \_\_\_\_\_

Restricciones Dietéticas (alergias) \_\_\_\_\_ (restricciones culturales) \_\_\_\_\_

Confirme su asistencia entregando esta aplicación a mas tardar el 30 de agosto, 2008 \_\_\_\_\_

Iglesia Episcopal de la Gracia - 3700 Canal Street - New Orleans, LA 70119 - 504-482-5242

Cenas de Unidad Familiar de ALIMENTO PARA EL ALMA



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Name of Family \_\_\_\_\_

List family members: \_\_\_\_\_

Ages: \_\_\_\_\_

Address: \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

Dietary Restrictions: (allergies) \_\_\_\_\_ (Cultural restrictions) \_\_\_\_\_

R.S.V.P. by turning in this application by August 30, 2008 \_\_\_\_\_

Grace Episcopal Church – 3700 Canal Street – New Orleans, LA 70119 – 504-482-5242

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